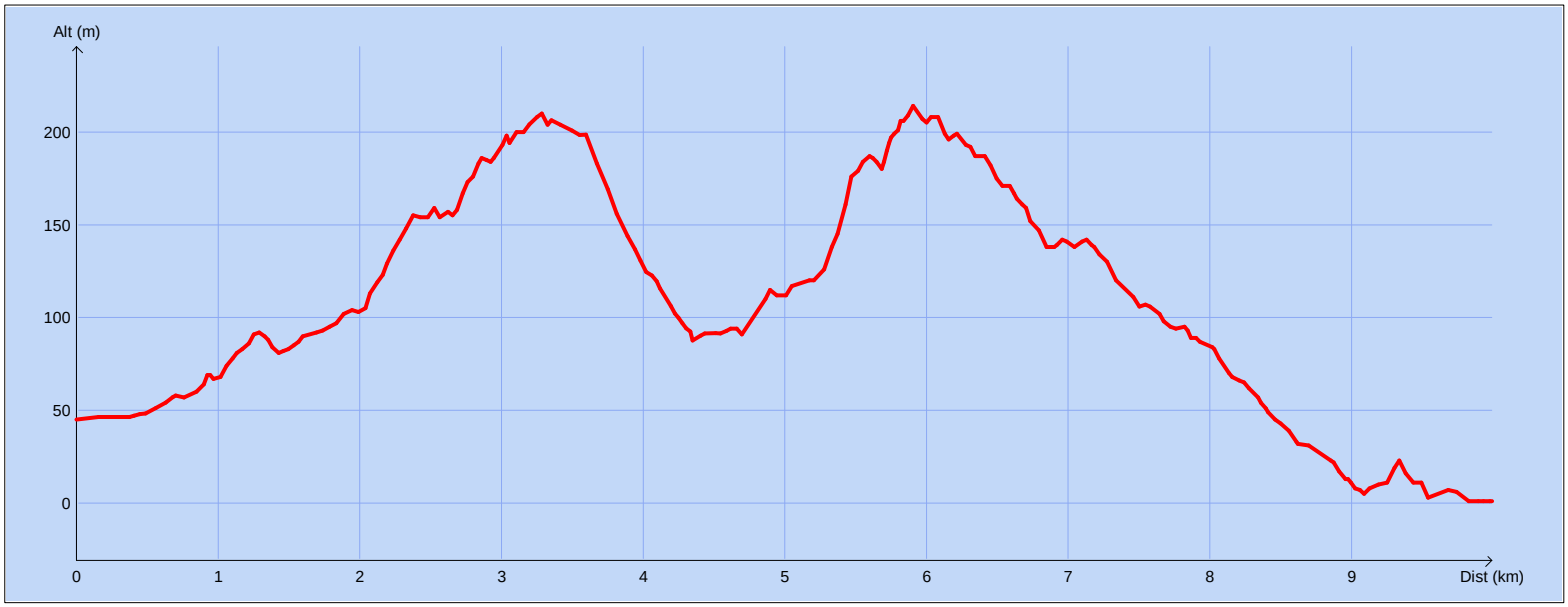
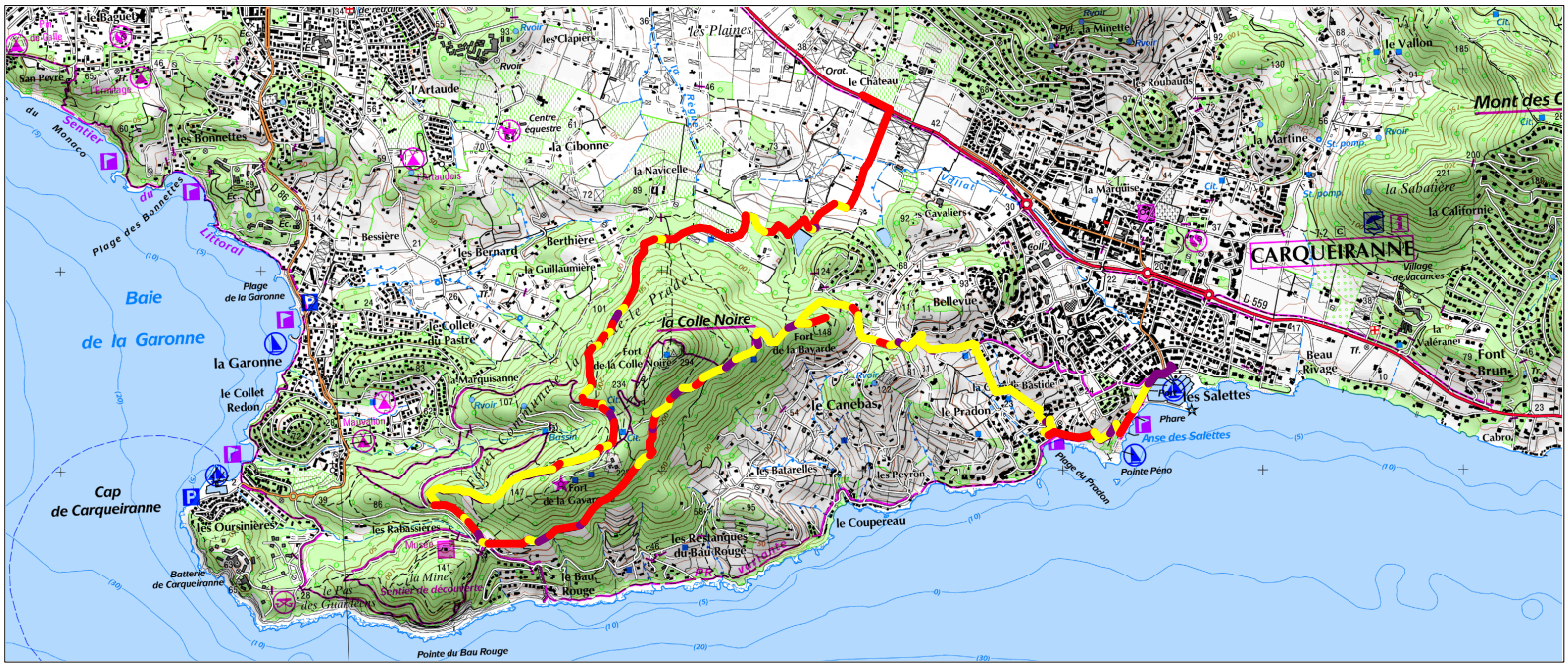
Tracé : Carqueiranne - GR3





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Distance totale	: 10.043 km	**Durée estimée**	: 02:52:23
Montée	: 374 m	**Moyenne estimée**	: 3.5 km/h
Descente	: 418 m		
Y Minimum	: 1 m		
Y Moyen	: 109 m		
Y Maximum	: 214 m		