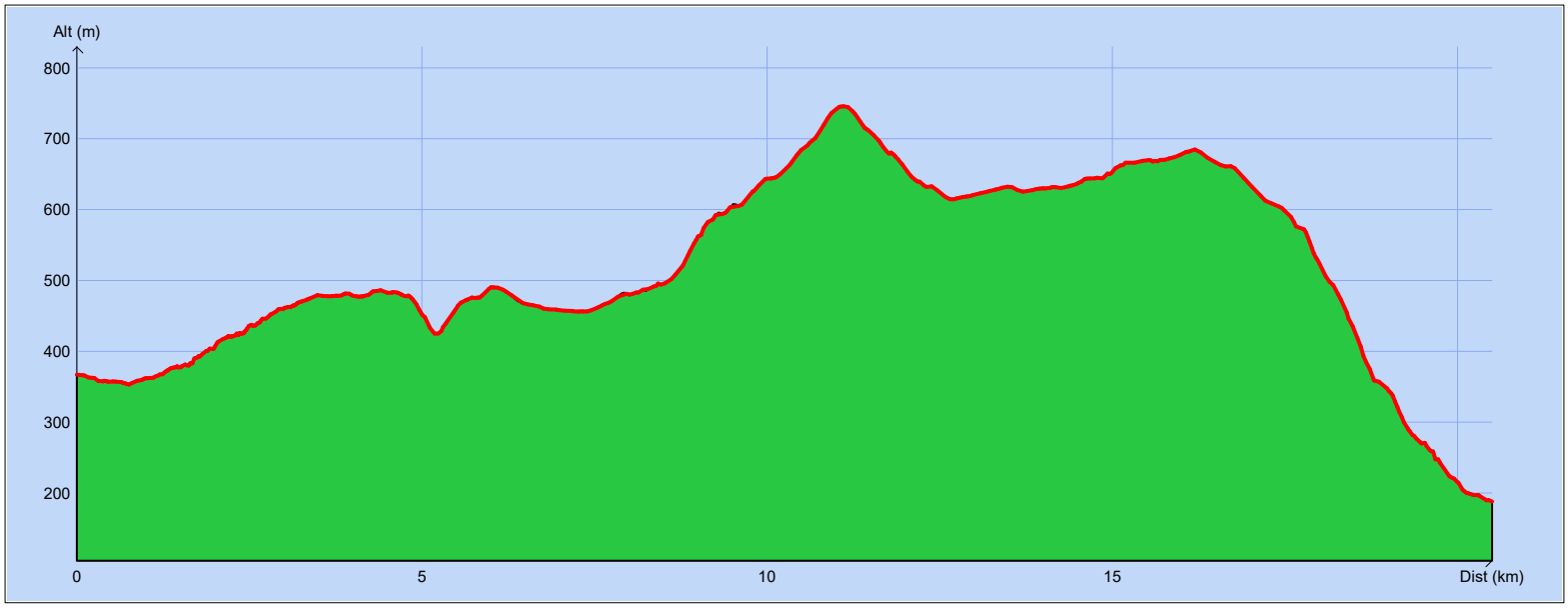
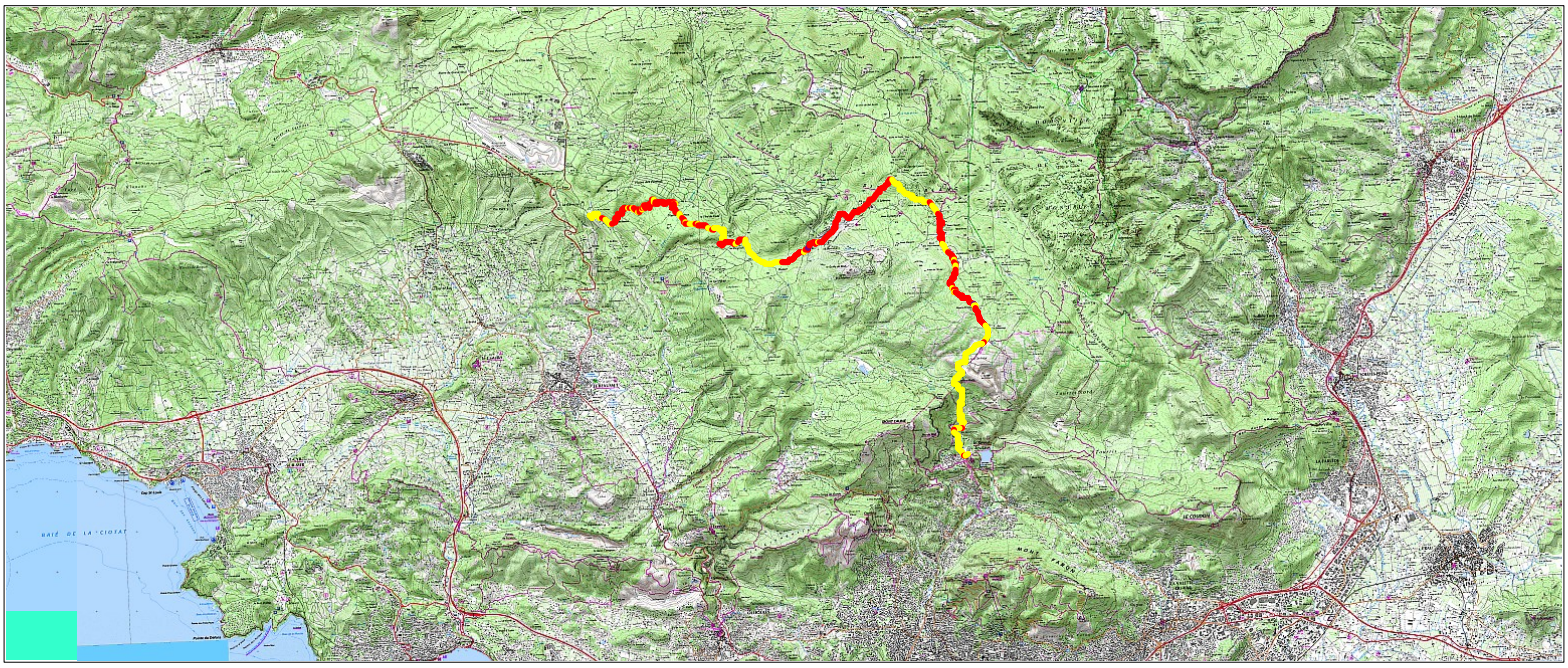
Tracé : Le Plateau de Siou Blanc - GR1B





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Distance totale	: 20.585 km	**Durée estimée**	: 04:49:28
Montée	: 600 m	**Moyenne estimée**	: 4.3 km/h
Descente	: 779 m		
Y Minimum	: 188 m		
Y Moyen	: 519 m		
Y Maximum	: 746 m		